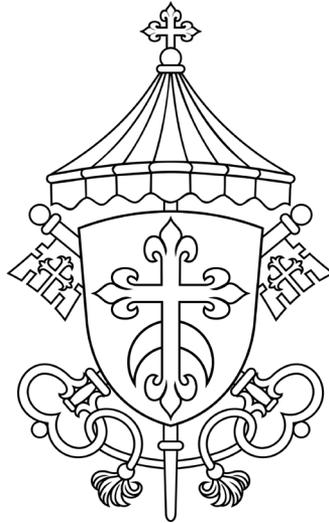


# ST MARY'S CATHEDRAL



## Solemn Vespers and Benediction

The Office of Evening Prayer

Seventeenth Sunday  
of the Year

WEEK I

25 July 2021  
5.00pm

## THE OFFICE OF VESPERS

Vespers, also called Evening Prayer, is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray continually". Through hymns, psalms, canticles, readings, and prayers, the people of God sanctify the day by continual praise of God and intercession for the needs of the world.

The Liturgy of the Hours includes several specified times of prayer. The most important times are Morning Prayer: Lauds (which takes place upon rising) and Evening Prayer: Vespers (which takes place as dusk begins to fall). The Office of Vespers gives thanks for the day just past and makes an evening sacrifice of praise to God.

Bishops, priests, deacons, and many men and women in consecrated life pray the Liturgy of the Hours each day. Their work is organised around this prayer, keeping God always at the centre of their days. Lay people are encouraged to pray the Liturgy of the Hours as well, especially Morning and Evening Prayer. The public singing of Lauds and Vespers is a regular part of the life and worship of St Mary's Cathedral.

## EXPOSITION OF THE BLESSED SACRAMENT

*At the sound of the Sacristy bell all stand.*

*As the Blessed Sacrament is brought to the altar all kneel.*

*The cantors sing*

O salutaris hostia, quæ cæli pandis ostium, bella premunt hostilia, da robur, fer auxilium.	<i>O saving victim, opening the gate of heaven; hostile wars press on, give strength, bring us help.</i>
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Uni trinoque Domino sit sempiterna gloria, qui vitam sine termino nobis donet in patria. Amen.	<i>To the Lord, the One in Three, be everlasting glory, that he may give us life without end in our native land. Amen.</i>
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# ORDER OF VESPERS

## INTRODUCTION TO THE OFFICE

℣. Deus, in adiutorium meum intende.	<i>O God, come to our aid.</i>
℟. Domine, ad adiuvandum me festina.	<i>O Lord, make haste to help us.</i>
Gloria Patri et Filio	<i>Glory be to the Father and to the Son</i>
et Spiritui Sancto.	<i>and to the Holy Spirit,</i>
Sicut erat in principio	<i>as it was in the beginning,</i>
et nunc et semper	<i>is now, and ever shall be,</i>
et in sæcula sæculorum. Amen. Alleluia.	<i>world without end. Amen. Alleluia.</i>

## OFFICE HYMN

Lucis Creator optime,	<i>Blest Creator of the light,</i>
Lucem dierum proferens,	<i>Making day with radiance bright,</i>
Primordiis lucis novæ	<i>Thou didst o'er the forming earth</i>
Mundi parans originem.	<i>Give the golden light its birth.</i>
Qui mane iunctum vesperi	<i>Shade of eve with morning ray</i>
Diem vocari præcipis;	<i>Took from thee the name of day;</i>
Tætrum chaos illabatur;	<i>Darkness now is drawing nigh;</i>
Audi preces cum fletibus.	<i>Listen to our humble cry.</i>
Ne mens gravata crimine,	<i>May we ne'er by guilt depressed</i>
Vitæ sit exsul munere,	<i>Lose the way to endless rest;</i>
Dum nil perenne cogitat,	<i>Nor with idle thoughts and vain</i>
Sesesque culpis illigat.	<i>Bind our souls to earth again.</i>
Cælorum pulset intimum,	<i>Rather may we heavenward rise</i>
Vitale tollat præmium:	<i>Where eternal treasure lies;</i>
Vitemus omne noxium,	<i>Purified by grace within,</i>
Purgemus omne pessimum.	<i>Hating every deed of sin.</i>
Præsta Pater piissime,	<i>Father, what we ask be done</i>
Patrique compar Unice,	<i>Through thy well-beloved Son;</i>
Cum Spiritu Paraclito,	<i>With the Holy Ghost and thee</i>
Regnans per omne sæculum. Amen.	<i>Reigning through eternity. Amen.</i>

*All sit.*

# PSALMODY

## FIRST ANTIPHON

**V**IRGAM virtutis suæ emittet Dominus ex  
Sion, et regnabit in sæculum sæculi, alleluia.

*The Lord will send his mighty sceptre from Sion,  
and he will rule for ever, alleluia.*

## PSALM 109 (110)

Dixit Dominus Domino meo: *The Lord's revelation to my Master:*  
«Sede a dextris meis, *'Sit on my right:*

donec ponam inimicos tuos: *your foes I will put*  
scabellum pedum tuorum». *beneath your feet.'*

Virgam potentiæ tuæ emittet Dominus ex Sion: *The Lord will wield from Zion your sceptre of power:*  
dominare in medio inimicorum tuorum. *rule in the midst of all your foes.*

Tecum principatus in die virtutis tuæ, *A prince from the day of your birth*  
in splendoribus sanctis: *on the holy mountains;*  
ex utero ante luciferum genui te. *from the womb before the dawn I begot you.*

Iuravit Dominus et non pænitebit eum: *The Lord has sworn an oath he will not change.*  
«Tu es sacerdos in æternum secundum *'You are a priest for ever,*  
ordinem Melchisedech». *a priest like Melchizedek of old.'*

Dominus a dextris tuis: *The Master standing at your right hand*  
conquassabit in die iræ suæ reges. *will shatter kings in the day of his wrath.*

De torrente in via bibet: *He shall drink from the stream by the wayside*  
propterea exaltabit caput. *and therefore he shall lift up his head.*

Gloria Patri et Filio, *Glory be to the Father and to the Son*  
et Spiritui Sancto. *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper *as it was in the beginning, is now, and ever shall be,*  
et in sæcula sæculorum. Amen. *world without end. Amen.*

## ANTIPHON

**V**IRGAM virtutis suæ emittet Dominus ex  
Sion, et regnabit in sæculum sæculi, alleluia.

*The Lord will send his mighty sceptre from Sion,  
and he will rule for ever, alleluia.*

## SECOND ANTIPHON

**F**ACTA est Iudæa sanctificatio  
eius, alleluia.

*Judah became his sanctuary,  
alleluia.*

### PSALM 113A (114)

In exitu Israel de Ægypto,      *When Israel came forth from Egypt,*  
domus Iacob de populo barbaro,      *Jacob's sons from an alien people,*

factus est Iuda sanctuarium eius,      *Judah became the Lord's temple,*  
Israel potestas eius.      *Israel became his kingdom.*

Mare vidit et fugit,      *The sea fled at the sight:*  
Iordanis conversus est retrorsum;      *the Jordan turned back on its course,*

montes saltaverunt ut arietes,      *the mountains leapt like rams*  
et colles sicut agni ovium.      *and the hills like yearling sheep.*

Quid est tibi, mare, quod fugisti?      *Why was it, sea, that you fled,*  
Et tu, Iordanis,      *that you turned back, Jordan,*  
quia conversus es retrorsum?      *on your course?*

Montes, quod saltastis sicut arietes,      *Mountains, that you leapt like rams;*  
et colles, sicut agni ovium?      *hills, like yearling sheep?*

A facie Domini contremisce, terra,      *Tremble, O earth, before the Lord,*  
a facie Dei Iacob,      *in the presence of the God of Jacob,*

qui convertit petram      *who turns the rock*  
in stagna aquarum      *into a pool*  
et silicem in fontes aquarum.      *and flint into a spring of water.*

Gloria Patri, et Filio,      *Glory be to the Father and to the Son*  
et Spiritui Sancto,      *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper      *as it was in the beginning, is now, and ever shall be,*  
et in sæcula sæculorum. Amen.      *world without end. Amen.*

*The Antiphon is repeated.*

### THIRD ANTIPHON

**R**EGNAVIT Dominus Deus noster  
omnipotens, alleluia.

*The Lord is King: our God, the Almighty,  
alleluia.*

### CANTICLE

Apocalypse 19:1-2. 5-7

Alleluia. *Alleluia.*

Salus et gloria et virtus Deo nostro: *Salvation and glory and power belong to our God,*

Alleluia. *Alleluia.*

quia vera et iusta iudicia eius. *his judgements are true and just.*

Alleluia, alleluia. *Alleluia, alleluia.*

Alleluia. *Alleluia.*

Laudem dicite Deo nostro, omnes servi eius: *Praise our God, all you his servants,*

Alleluia. *Alleluia.*

et qui timetis eum, pusilli et magni! *you who fear him, small and great.*

Alleluia, alleluia. *Alleluia, alleluia.*

Alleluia. *Alleluia.*

Quoniam regnavit Dominus, *The Lord our God,*  
Deus noster omnipotens: *the Almighty, reigns,*

Alleluia. *Alleluia.*

Gaudeamus et exultemus et demus gloriam ei. *let us rejoice and exult and give him the glory.*

Alleluia, alleluia. *Alleluia, alleluia.*

Alleluia. *Alleluia.*

Quia venerunt nuptiæ Agni: *The marriage of the Lamb has come,*

Alleluia. *Alleluia.*

et uxor eius præparavit se. *and his bride has made herself ready.*

Alleluia, alleluia. *Alleluia, alleluia.*

Alleluia. *Alleluia.*

Gloria Patri et Filio: *Glory be to the Father and to the Son*

Alleluia. *Alleluia.*

et Spiritui Sancto. *and to the Holy Spirit,*

Alleluia, alleluia. *Alleluia, alleluia.*

Alleluia. *Alleluia.*

Sicut erat in principio et nunc et semper *as it was in the beginning, is now, and ever shall be,*

Alleluia. *Alleluia.*

et in sæcula sæculorum. Amen. *world without end. Amen.*

Alleluia, alleluia. *Alleluia, alleluia.*

*The Antiphon is repeated.*

**L**ET us give thanks to the God and Father of our Lord Jesus Christ, the merciful Father, the God from whom all help comes. He helps us in all our troubles, so that we are able to help those who have all kinds of troubles, using the same help that we have received from God.

### SHORT RESPONSORY

Benedictus es, Domine, *Blessed are you, O Lord,*  
in firmamento cæli. *in the vault of heaven.*

℣. Et laudabilis et gloriosus *You are exalted and glorified above all else*  
in sæcula. ℟: *for ever.*

℣. Gloria Patri et Filio *Glory be to the Father and to the Son*  
et Spiritui Sancto. ℟: *and to the Holy Spirit.*

*All stand.*

### MAGNIFICAT ANTIPHON

**U**T autem saturati sunt, dixit Iesus discipulis suis: Colligite quae superaverunt fragmenta, ne pereant. Collegerunt ergo, et impleverunt duodecim cophinos fragmentorum, ex quinque panibus hordeaceis, quae superfuerunt his qui manducaverunt.

*When they had eaten enough he said to the disciples: Pick up the pieces left over so that nothing gets wasted. So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves.*

## MAGNIFICAT

Primi toni

*Plainchant*

Magnificat    *My soul*  
anima mea Dominum,    *glorifies the Lord,*

et exsultavit spiritus meus    *my spirit rejoices*  
in Deo salutari meo,    *in God, my Saviour.*

quia respexit humilitatem ancillæ suæ.    *He looks on his servant in her lowliness;*  
Ecce enim ex hoc beatam me dicent    *henceforth all ages*  
omnes generationes,    *will call me blessed.*

quia fecit mihi magna, qui potens est,    *The Almighty works marvels for me.*  
et sanctum nomen eius,    *Holy his name!*

et misericordia eius a progenie in progenies    *His mercy is from age to age,*  
timentibus eum.    *on those who fear him.*

Fecit potentiam in brachio suo,    *He puts forth his arm in strength*  
dispersit superbos mente cordis sui;    *and scatters the proud-hearted.*

deposuit potentes de sede;    *He casts the mighty from their thrones*  
et exaltavit humiles;    *and raises the lowly.*

esurientes implevit bonis    *He fills the starving with good things,*  
et divites dimisit inanes.    *sends the rich away empty.*

Suscepit Israel puerum suum,    *He protects Israel, his servant,*  
recordatus misericordiæ suæ,    *remembering his mercy,*

sicut locutus est ad patres nostros,    *the mercy promised to our fathers,*  
Abraham et semini eius in sæcula.    *to Abraham and his sons for ever.*

Gloria Patri et Filio,    *Glory be to the Father and to the Son*  
et Spiritui Sancto.    *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper    *as it was in the beginning, is now, and ever shall be,*  
et in sæcula sæculorum. Amen.    *world without end. Amen.*

*The Antiphon is repeated.*

## INTERCESSIONS

Christ is the Head of his body, the Church, and we are members of that body; gathered this evening to pray in his name, we say:

℟: **Your kingdom come!**

May your Church be a light to the nations, the sign and source of your power to unite all men: may she lead mankind to the mystery of your love. ℟:

Guide the Pope, and all the bishops of your Church: grant them the gifts of unity, of love, and of peace. ℟:

Lord, give peace to our troubled world and give to your children security of mind, and freedom from anxiety. ℟:

Help us to bring your compassion to the poor, the sick, the lonely, the unloved; lead us to find you in the coming week. ℟:

Awaken the dead to a glorious resurrection: may we be united with them at the end of time. ℟:

At the Saviour's command and formed by divine teaching, we dare to say:

℟: **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

## COLLECT

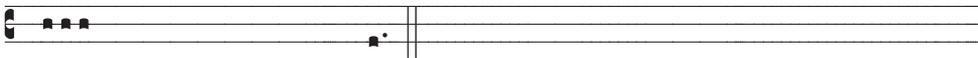
**L**ORD God, protector of those who hope in you, without whom nothing is strong, nothing holy, support us always with your love. Guide us so to use the good things of this world, that even now we may hold fast to what endures for ever. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the HOLY Spirit, God, forever and ever.

℟: **Amen.**

*When the Celebrant is kneeling in front of the Blessed Sacrament, the cantors sing*

Tantum ergo Sacramentum veneremur cernui; et antiquum documentum novo cedat ritui: præstet fides supplementum sensuum defectui.	<i>Therefore we, before him bending, this great Sacrament revere; types and shadows have their ending, for the newer rite is here; faith, our outward sense befriending, makes the inward vision clear.</i>
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Genitori Genitoque laus et iubilatio, salus, honor, virtus quoque sit et benedictio: Procedenti ab utroque compar sit laudatio. Amen.	<i>Glory let us give, and blessing to the Father, and the Son; honour, might, and praise addressing, while eternal ages run; ever too his love confessing, who, from both, with both is one. Amen.</i>
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∇ Panem de cælo præstitisti e- is.  
*You gave them bread from heaven.*

℞ **Omne delectamentum in se habentem.**  
*Containing in itself all sweetness.*

Oremus.

**D**EUS, qui nobis sub sacramento  
mirabili passionis tuæ memoriam  
reliquisti: tribue quæsumus, ita nos corporis  
et sanguinis tui sacra mysteria venerari; ut  
redemptionis tuæ fructum in nobis iugiter  
sentiamus. Qui vivis et regnas in sæcula  
sæculorum.

℞ **Amen.**

Let us pray.

*O God, who in a wonderful Sacrament  
has left us a memorial of your passion:  
grant us so to venerate the sacred  
mysterries of your Body and Blood, that  
we may perceive within ourselves the fruit  
of thy redemption; who lives and reigns  
for ever and ever.*

BENEDICTION *is given.*

## THE DIVINE PRAISES

Blessèd be God.  
Blessèd be his Holy Name.  
Blessèd be Jesus Christ, true God and true Man.  
Blessèd be the Name of Jesus.  
Blessèd be his Most Sacred Heart.  
Blessèd be his Most Precious Blood.  
Blessèd be Jesus in the Most Holy Sacrament of the Altar.  
Blessèd be the Holy Spirit, the Paraclete.  
Blessèd be the great Mother of God, Mary most Holy.  
Blessèd be her Holy and Immaculate Conception.  
Blessèd be her Glorious Assumption.  
Blessèd be the name of Mary, Virgin and Mother.  
Blessèd be Saint Joseph, her most chaste spouse.  
Blessèd be God in his Angels and in his Saints.

*As the Blessed Sacrament is reposed, the cantors sing*

℟: Adoremus in æternum Sanctissimum Sacramentum.  
*Let us adore for ever the most Holy Sacrament.*

Laudate Dominum omnes gentes: laudate eum omnes populi.	<i>O praise the Lord, all you nations, acclaim his all you peoples!</i>
Quoniam confirmata est super nos misericordia eius: et veritas Domini manet in æternum.	<i>Strong is his love for us; he is faithful for ever.</i>
Gloria Patri, et Filio: et Spiritui Sancto,	<i>Glory be to the Father and to the Son and to the Holy Spirit,</i>
sicut erat in principio, et nunc et semper: et in sæcula sæculorum. Amen.	<i>as it was in the beginning, is now, and ever shall be, world without end. Amen.</i>

## ANTIPHON TO THE BLESSED VIRGIN MARY

Salve, Regina, mater misericordiæ; vita, dulcedo et spes nostra, salve.	<i>Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope.</i>
Ad te clamamus, exsules, filii Evæ.	<i>To you do we cry, poor banished children of Eve.</i>
Ad te suspiramus, gementes et flentes in hac lacrimarum valle.	<i>To you do we send up our sighs mourning and weeping in this vale of tears.</i>
Eia ergo, advocata nostra, illos tuos misericordes oculos ad nos converte.	<i>Turn, then, most gracious Advocate, your eyes of mercy towards us.</i>
Et Iesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende.	<i>and after this exile show us the blessed fruit of your womb, Jesus.</i>
O clemens, o pia, o dulcis Virgo Maria.	<i>O clement, O loving, O sweet Virgin Mary.</i>

### ORGAN VOLUNTARY

Prelude and Fugue in C minor (Op. 37 No 1)

*Felix Mendelssohn (1809–1847)*

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